



## Self Assessment

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

<b>"I" statements</b>	<b>Strongly agree</b>	<b>Agree</b>	<b>Neutral</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
I have accepted Christ as Lord and Savior.					
I have made a public statement of faith by following Christ in baptism.					
I pray and read the Bible regularly.					
I regularly assess and take ownership of my spiritual growth.					
I am satisfied with my spiritual life.					
I attend House of Joy (HOJ) worship gatherings regularly.					
I support HOJ financially with regularly giving a percent of my income.					
I am satisfied with the way I steward my money.					
I have attended or am attending Starting Point.					
I understand and support HOJ's vision and mission for ministry.					
I attend a JOY group.					
I have connected with others at HOJ in significant authentic relationships (outside of JOY group and worship gatherings).					
I know my gifts, passions, skills, personality, and experiences and how they determine where I should serve at HOJ and outside HOJ.					

I volunteer at HOJ in a ministry I feel I am gifted and wired to do, and I am fruitful and fulfilled in it.					
I volunteer outside of HOJ.					
I share my faith by being an example and sharing my story with others.					
I develop relationships with people who are far from God at work, my neighborhood, school, etc.					
I invite friends, family, co-workers, and neighbors to HOJ's worship gathering and other events.					
I spend quality time with my spouse on a regular basis.					
I believe that my children would say that I spend a substantial amount of time with them weekly.					
I believe my family is only second to my relationship with God (not to work, ministry, or other) and that I show this with my attitude and my behavior.					
I am satisfied with my marriage and family.					
I am satisfied with my friends.					
I am satisfied with my fun/recreational activities.					
I am satisfied with my career.					
I pursue healing and wholeness in my life through discovering and addressing issues, hurts, habits, etc (through LIFE Mentoring, counseling, or other avenues).					
I am satisfied with my health (mental and physical).					
I am satisfied with my physical environment.					
I understand and support the purpose of LIFE Coaching.					
Comments:					