



House of Joy exists that every person will experience JOY from a growing relationship with Jesus Christ. We encourage members of HOJ to intentionally pursue a growing relationship with Jesus by moving from the foyer environment to the kitchen. Individuals build faith with a loving God in our foyer environments, like Sunday morning worship gatherings and Starting Point. Individuals are encouraged to build relationships with friends who care in our living room environments, like Connection Events. Lastly, individuals are encouraged to build community in a small group family in our kitchen environments, like JOY groups. We are now deepening that kitchen environment by encouraging you to commit to LIFE coaching.

## **What is LIFE Coaching?**

You will commit to a mutual relationship, mission, spiritual growth, and accountability. We want you to take responsibility for and grow in your individual relationship with Jesus. LIFE coaching involves a one on one relationship with your coach, self assessment to help you explore “where you are” today, dialogue with a coach who will provide tools, resources, and accountability to fuel your growth, and a commitment to meet at least one year quarterly (at least four times).

## **Why LIFE Coaching?**

We believe at House of Joy that your spiritual growth is a life-long journey that YOU must take responsibility for. We want to provide opportunities that enable you to continue growing. We believe that your relationship with Jesus will only reach its potential in community which includes discipleship and small groups, but also one on one accountability, and mentoring through a LIFE coach.

## **How does LIFE Coaching work?**

We will pair you with a coach to meet with at least quarterly for one year. You will take a self assessment As you assess your current strengths and weaknesses, your coach will prescribe a personal growth plan. You will be encouraged to go forward by committing to and held accountable to strengthening the underdeveloped areas of your life. There is no one-size fits all growth plan, but we want to assist you in answering the question, “What is next for me?” We believe your spiritual growth is YOUR responsibility, so you will be responsible for quarterly meetings. At the end of one year, you will be given the opportunity to continue with that coach, try another coach, or discontinue coaching.

## **As Iron sharpens iron, so one man sharpens another. -Proverbs 27:17**

I understand the above and am committing to meeting with my LIFE coach for one year quarterly.

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Name

\_\_\_\_\_  
Date